

HLTAID011 Provide First Aid

Australian Employment Training Pty Ltd is a Registered Training Organisation (RTO Provider Code: 22733) registered with the Victorian Registration and Qualifications Authority.

Course Description

This comprehensive first aid course covers a range of topics to enable participants to confidently manage emergency situations and provide a first aid response to a casualty.

- Respond to an emergency situation
- Apply appropriate first aid procedures
- Communicate details of the incident
- Evaluate the incident and own performance

This unit of competency describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

The unit applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings.

A person may be required by industry or jurisdictional regulation to undertake a refresher in CPR skills every 12 months and/or refresher in first aid every 3 years and provide evidence to the organisation or employer that this refresher training has been undertaken to attain currency of skills. Safe Work Australia has made recommendations to ensure the currency of skills of those providing CPR. These recommendations are for refresher training in CPR every 12 months and first aid currency every 3 years.

An employer should check all first aid qualifications and make it part of their business to ensure relevant persons are trained to meet the relevant first aid requirements.

Mode of Delivery

Delivery of this course will be trainer led and delivered over two days of face-to-face training in a classroom setting combined with skills practice and assessment in a simulated workplace environment.

This class consists of sixteen (16) hours

- 7.5 hours of theory delivery
- 7.5 hours assessment time.

This is the duration excluding breaks and induction

All courses are carried out by highly skilled and fully trained individuals who've had first-hand experience working in the first aid industry.

How will you be assessed as competent?

Our highly experienced and fully trained personnel will provide students with a hands-on approach in simulated workplace environments to help students understand the concepts they're attempting to learn.

The assessment in support of the unit of competency requires the learner to complete a written knowledge assessment and then demonstrate their applied knowledge and skills during a practical performance assessment demonstrating your skills to perform effective CPR and provide first aid.

The learner must answer all the written knowledge questions correctly. There is the opportunity for this knowledge assessment to be conducted verbally if the learner requires this level of support.

Knowledge—you will learn and be assessed on:

- ARC guidelines and procedures
- First aid guidelines from Australian national peak clinical bodies
- Potential incident hazards and risk minimisation processes when providing first aid
- Infection control procedures, including use of standard precautions and resuscitation barrier devices
- Legal, workplace and community considerations
- Consideration when providing CPR
- Techniques for providing CPR to adults, children and infants
- Signs, symptoms and management of conditions and injuries

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How will you be assessed as competent?

Practical performance—Skills—you will be assessed responding to practical scenarios in a simulated workplace environment and expected to perform demonstrations of the following:

- managed, in line with ARC guidelines, the unconscious, breathing casualty including appropriate positioning to reduce the risk of airway compromise
- managed, in line with ARC guidelines, the unconscious, non-breathing adult, including:
 - performing at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor
 - following the prompts of an automated external defibrillator (AED) to deliver at least one shock
 - demonstrating a rotation of single rescuer operators with minimal interruptions to compressions
 - responding appropriately in the event of regurgitation or vomiting
- managed, in line with ARC guidelines, the unconscious, non-breathing infant, including:
 - performing at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface
- managed casualties, with the following:
 - anaphylaxis
 - asthma
 - non-life-threatening bleeding
 - choking
 - envenomation, using pressure immobilisation
 - fractures, dislocations, sprains and strains, using appropriate immobilisation techniques
 - minor wound cleaning and dressing
 - nosebleed
 - shock
- responded to at least one simulated first aid incident contextualised to the candidate's workplace or community setting, where the candidate has no knowledge of the casualty's condition prior to starting treatment, including:
 - identifying the casualty's illness or injury through history, signs and symptoms
 - using personal protective equipment (PPE) as required
 - providing appropriate first aid treatment
 - conveying incident details to emergency services or advising casualty on any required post incident action
 - providing an accurate verbal and written report of the incident
 - reviewing the incident.

National recognition

On successfully completing the training and assessment you will be issued a Statement of Attainment issuing you the unit of competency:

- HLTAID011 Provide First Aid

This unit of competence is nationally recognised and provides individuals with a valuable outcome that is recognised throughout Australia.



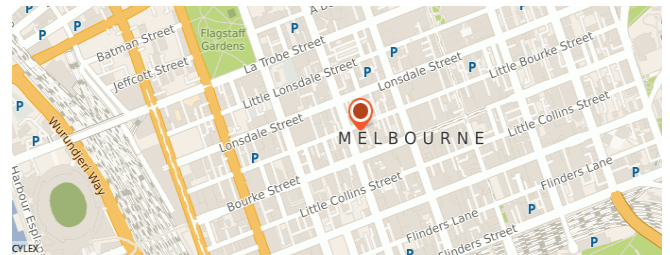
Course Commencement Dates

Courses dates and times do vary. Please visit our website to view the current course calendar:

Course Duration and Location

The course is delivered over two days. Training is delivered at Australian Employment Training which is located at:

- Suite 2, Level 12/190 Queen Street MELBOURNE VIC 3000



Course Materials

Learner training is supported through the provision of quality learning materials and resources.

Learners should attend the course in comfortable appropriate work clothing.

All equipment and consumables are supplied as part of the course.

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Course Completion

Upon successful completion of this training there is no guarantee of work. Each student must apply for employment and be assessed by the employer.

Unique Student Identifier (USI)

A USI must be supplied to Australian Employment Training upon enrolment and prior to being able to issue a National Recognised Qualification.

Pre-Requisites/Entry Requirements

- There are no pre-requisites for this course identified within the industry training package.

Australian Employment Training do require learners to meet the following entry requirements:

- Learners must be aged 16 years or older
- Photo Identification is required to be sighted prior to course commencement
- Competently complete a Language, Literacy and Numeracy Assessment (as required)

Competent in written and spoken English:

- Industry standard requires that all learners seeking enrolment into this course have an appropriate level of written and spoken English suitable for being able to request appropriate emergency assistance at the scene of the incident and make an accurate verbal report to emergency response services and workplace supervisor. These skills are assessed by way of a Pre-Training Review prior to the enrolment process.

Physical capability

It is important to note that there are physical standards which relate to the level of performance required when undertaking first aid training. The HLTAID competency standards require a level of physical ability to provide resuscitation and respond to an emergency situation where there may be risk to life.

One requirement of the training package is that you are to be assessed as physically capable of performing uninterrupted CPR for at least 2 minutes on an adult

CPR manikin placed on the floor. There can be no exceptions to these Training Package requirements. Therefore, students who are unable to satisfy the physical requirements of the course cannot be deemed competent or issued with a statement of attainment, even if the qualification is a necessary part of their employment conditions.

Fees and Charges

Information about fees and charges is provided in the Schedule of Fees and Charges which will have been included in your pre-enrolment information package.

The Tuition fee is:

- Two Day Course - **\$175.00** per person

Please refer to the Schedule of Fees and Charges as it contains important information about related charges and our refund policy.

Confirmation of attendance

A learner's position on the course will only be confirmed upon a completed enrolment form and the payment of your tuition fee.

Numbers are limited, so confirmed enrolments will only be able to attend on the day of training.

Our responsibility for your Training

Australian Employment Training is responsible under the *Education and Training Reform Act 2006* for the quality of the training and assessment being delivered in this course and for the issuance of all AQF certificates.

Please refer to the AET - Learner Handbook for further information on all student rights and obligations. This document must be read in conjunction with the AET - Schedule of Fees & Charges and USI Fact Sheet.

Contact us today!

Phone: (03) 1300 360 510

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